

Horseheads Varsity “H” Girls Soccer Camp

Grades 1-12

July 28-31 • 8:30-11:30

**High School Stadium (Grades 7-12)
and**

Old Football Field (Grades 1-6)

****ALL WILL MEET AT STADIUM ON DAY 1**

****Registration is online**

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|--------------------------------|---|
| Camp Location: | High School Stadium |
| Equipment Required: | A water bottle, preferably labeled with child’s name Shorts, t-shirt, cleats, shin guards |
| Registration Fee: | \$85.00 (This includes a camp T-shirt) |
| Make checks payable to: | Horseheads Varsity “H” **Bring on the first day of camp. |
| Camp Director: | Lee Spencer, Girls Varsity Soccer Coach |
| Assistants: | Past Horseheads Varsity Girls Soccer Players |

Camp Philosophy

The goal of this camp is to identify the athletes not only based on age but also their ability. All ages and abilities will have opportunities to improve their soccer skills and knowledge. We provide a fun and fulfilling experience with the competitive edge necessary for all players to improve.

Camp Schedule

**Attendance/Run/Stretching
Warm-Up Game
Skills and Drills (Stations)
Small Sided Games
(4 v. 4 v. 4, 6 v. 6 v. 6, etc.)
Team Concepts
(Marking, Transition, etc.)
Full Field Scrimmage**